

## The Center for Modern Psychoanalytic Studies

**C**MPS is a non-profit educational institute chartered by the Board of Regents of the University of the State of New York and is recognized by New York State as a licensure-qualifying institute for those seeking licensure in psychoanalysis. CMPS is a charter member of the Society of Modern Psychoanalysts (SMP) and is an organizational member of the National Association for the Advancement of Psychoanalysis (NAAP).

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**cmpps**

Extension Division  
2011-2012



**One-Year  
Program**

Fall Semester begins  
October 3rd, 2011

The Center for  
Modern Psychoanalytic Studies

## One-Year Program



If you would like to enhance  
your therapeutic skills as a  
mental health practitioner or  
use psychoanalytic techniques  
to improve your work in  
education, business, or the arts

...

**Our One-Year Program  
May Be for You.**

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## CMPS and Modern Psychoanalysis

The Center for Modern Psychoanalytic Studies, a psychoanalytic training institute founded in 1971, is chartered by the NYS Board of Regents and recognized by NYS as a licensure-qualifying institute for those seeking licensure in psychoanalysis. Modern psychoanalysis rests on the theoretical framework and clinical approach of Sigmund Freud. By introducing new techniques, modern psychoanalysis allows for the treatment of a wide range of emotional disorders in a variety of settings. It aims to loosen repetitive and rigid patterns of thinking and behavior. This approach has proven valuable to psychoanalysts as well as clinicians in social work agencies, drug and alcohol treatment facilities, community mental health and senior citizen centers, and special education teachers and guidance counselors. Others who find psychoanalytic thought valuable are educators, students of literature and the arts, and those in business.

### One-Year Program

THE CMPS ONE-YEAR PROGRAM is designed to enrich the work of clinical practitioners and professionals in various disciplines by introducing them to modern psychoanalytic principles, theories, and techniques. In this course of study you can expect to enhance your therapeutic skills, generate new insights about yourself and your work, and to develop more effective ways of interacting with your clientele. Classes focus on case material and emphasize the application of a psychodynamically informed approach. Both experiential process and more traditional teaching methods are used to promote learning. Students progress through the program as a group. Two consecutive evening classes are taught weekly each semester. A certificate of completion will be awarded.



**CLASSES MEET MONDAYS 6:00-9:10PM** with a 10-minute break. Fall 2011 Semester: October 3rd to December 12th. Spring 2012 Semester: February 6th to April 30. Tuition per semester: \$1000. CMPS Certificate Program Faculty teach all courses.

Participants are invited to CMPS events where they can meet certificate program students and faculty members for an informal exchange of ideas.

### Coursework

#### Semester One

##### THE MATURATIONAL PROCESS

- Differentiating the self from the other in clinical settings and in everyday life
- Recognizing how knowing this helps us to understand our patients
- Understanding the significance of fixations and regressions in the psychosexual stages

##### TRANSFERENCE AND RESISTANCE

- Understanding the function of resistance
- Using observation for making inferences and interventions
- Recognizing transference & its implications

#### Semester Two

##### ANALYTIC LISTENING

- Listening to the unconscious level of verbal and nonverbal communications
- Understanding symbolic communication, dreams, slips of the tongue, etc.

##### COUNTERTRANSFERENCE

- Recognizing countertransference and using induced feelings
- Distinguishing between subjective and objective countertransference
- Resolving countertransference resistances

## Eligibility & Application

The One-Year Program is open to professionals from the fields of psychiatry, psychology, social work, substance abuse counseling, mental health, guidance counseling, education, the arts, and business.



There is a \$50 non-refundable application fee. Please fill out form below & send with application fee to: **CMPS, 16 West 10th Street, NY NY 10011**  
For more information: 212.260.7050  
cmcs@cmcs.edu · www.cmcs.edu

Last Name		First Name	Middle. Initial
Male <input type="checkbox"/>		Female <input type="checkbox"/>	
Street Address			
City		State	Zip/Postal code
Day Phone		Eve Phone	
Cell		Fax	
E-Mail			
Date of Birth			
Name of Undergraduate School, Degree, Date			
Name of Graduate School, Degree, Date			
Other Learning Experience			
Current Employment			
How did you learn about CMPS?			
Date		Signature	